

Sharp Shots

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The Championships

This year has been a wonderful event and thanks to all those behind the scenes organising, the umpires, coaches, managers, parents and family members and of course the players. Here are some of the memorable moments...



Meet SA Issy Williams...



Q: What's your home club?

A: St Michaels and Western Jets in Adelaide

Q: Why netball?

A: I love playing on court with a team and meeting new people

Q: Who do you look to for inspiration?

A: Natalie Von Bertouch who is a C (like me) for the Adelaide Thunderbirds. I like how she is

determined and works hard on court. I've actually met her at a Year 7 development camp.

Q: Which celebrity would you most like to meet?

A: Taylor Lautner; I like the movies he's in. I'm "Team Jacob" all the way!

Mix and Match Results

It was a fantastic round of mix n match activities with everyone enjoying the PD and the cheerleading. Undecided and Birds took to the floor for the "Rap Off" with the Birds winning the cheers in the end. The overall result for each team is below. Congratulations to the winners – **UNDECIDED!**

- Undecided – 1011 points
- Banana Boats – 879 points
- Birds – 866 points
- Rivers – 852 points
- Australiana – 845 points
- Wild Tuckers – 788 points



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From the Umpires Desk

Players need to remember not to use the goal post to gain their balance or to help support themselves when trying to recover a ball. If you use the post the opposition will be awarded a free pass. Do remember that the goal post is still a part of the court, just like the lines.

Nutrition Fact

“When playing all day you may not have time for (or want) a big meal. Here are some great snack suggestions to munch on during a competition; a carton of fruit yoghurt and 250mL of fruit juice, a bowl of cereal with skim milk, 250mL fruit smoothie, 3 medium pieces of fruit, a honey or jam sandwich or a 60g packet of jelly beans.” – see Anne up at the nutrition booth (top floor of the stadium) for more nutrition facts.

QLD v NSW

Strong defence throughout the whole game saw NSW dominate possession and capitalise on turnovers. QLD threw everything they had at the Blues but they just couldn't match them. NSW showed terrific feeding into the goalers and they in turn were accurate throughout. 100% shooting from QLD Alex Smith was a high point for the Maroons and Kate Morcom never gave up in defence. The final score was NSW 43 to QLD 15.

NSW v SA

The start of this match saw lots of intercepts and turnovers early on but NSW put on some great defensive pressure and were able to creep in front at the end of the first half. In the second half NSW shooters were accurate, capitalising on their centre passes as well as turnovers. SA girls persisted throughout the game believing they could close the gap but with excellent down court play and shooting by NSW they just couldn't make up the difference. The final score was SA 23 to NSW 28.

ACT v SA

A slow start to the game by both teams who may have been tired from the fun day at the water park! SA pulled away in the 2nd quarter with goalies improving in accuracy and defenders working hard. ACT showed some beautiful movement down the court creating good flow into their shooting circle and their defence got stronger in the 2nd half. SA won 27-17.

NT v QLD

This was the closest game for the NT so far with a good game from both teams. Shooters from both states worked hard with only a two goal difference at half time. Sarah Ogden and Maddy O'May from QLD stepped up their games and helps QLD get away in the end. The final score was QLD 30 to 23. Well done NT on your first score over 20.

VIC v NT

It was a strong start by the Victorians with a dominant first half. Ball handling and footwork errors lead to a drawn third quarter but Victoria steadied and ran away in the fourth. NT took some real positives from the game, having far less errors and their defenders worked hard all game to make it as tough as possible for Team VIC. The final score was 41 to 13.

A high point of the game was when NT Captain; Courtney stepped up to help with some coaching during the match.

VIC v ACT

A really tough game for ACT against the strong Victorian team. Defence was tight across the court and the ACT found it difficult to turn their centre pass into goals. Victorian player Kourtnee used her speed to take plenty of intercepts and Morgan worked well feeding the goalers. Accurate shooting from Team VIC saw them win comfortably; 31 to 5.

Team VIC are really feeling the heat of the Northern Territory weather and wonder how the NT girls play in it all year round!

Results from Day 5

Game Gossip

Which SA girl said “Look at the moon; its red!” when looking at a sunset?

“You look tired” one NT player said to their coach and manager after celebrating Brooke's birthday. We wonder why?

The QLD team thank everyone for jumping up and joining in with their cheer! Great sportsmanship.

