

**SCHOOL SPORT AUSTRALIA
TRIATHLON CHAMPIONSHIPS
Rules and Guidelines**

1.0 COMPETITION RULES

1.1 Rules of the event

The event shall be conducted according to the Rules of Triathlon Australia, except where otherwise indicated in the By-Laws – 3.1, 3.2.1, 3.3, 3.5.1

1.2 Student Participation

1.2.1 Age Eligibility – Individual event

Qualification for selection to compete in the individual event at the Championship shall be:
Junior: 13 and 14 years as of 31 December in the year in which the Championship is held

Intermediate: 15 and 16 years as of 31 December in the year in which the Championship is held

Senior: 17, 18 and 19 years as of 31 December in the year in which the Championship is held

No student shall be permitted to race outside his/her specific age group.

1.2.2 Age Eligibility – Relay event
As per 1.2.1 above

1.3 Team Size

Each State/Territory may enter a team. A team consists of a maximum thirty six (36) athletes. A maximum of five (5) adult officials may accompany the team.

2.0 COMPETITION STRUCTURE

2.1 Competition

2.1.1 In each age group, a State/Territory may nominate a maximum of six (6) athletes, with athletes being eligible for medals; the first three (3) from each official team to finish will count. In the event of a drawn score, the 4th athlete will count.

2.1.2 In determining the finishing position of scoring athletes of teams, the race results will be adjusted so that the finishing positions of non-scoring athletes of a team (i.e. more than 4 from any State/Territory) will be eliminated.

2.2 Points allocation

2.2.1 Point scoring for the best performed Individual State/Territory be on the following points basis:

| | |
|-----|----------|
| 1st | 1 point |
| 2nd | 2 points |
| 3rd | 3 points |

| | |
|-----|------------------------------|
| DNF | Number in the field plus one |
| DNS | Number in the field plus one |
| DQ | Number in the field plus one |

2.2.2 Point scoring for the best performed Relay State/Territory be on the following points basis:

| | |
|-----|------------------------------|
| 1st | 1 point |
| 2nd | 2 points |
| 3rd | 3 points |
| DNF | Number in the field plus one |
| DNS | Number in the field plus one |
| DQ | Number in the field plus one |

2.2.3 In the All Age Relay, if a State/Territory has more than one team, only the first approved State/Territory team across the line is eligible for points. All State/Territory teams will be eligible for medals.

2.3 Electronic Timing

Where possible, host states/territories are encouraged to use electronic time at the event.

2.4 Method of Determining a Winner

2.4.1 In the individual event, the sum total of each state shall be ranked one to eight (1-8) for each age group, and the total ranking shall determine the overall placing.

2.4.2 In the relay event, the total ranking shall determine the overall placing. In the event of a draw, the State/Territory with the highest number of first placings, then second placings, etc, shall win.

3.0 FACILITIES, EQUIPMENT

3.1 Swim Starts

Swim starts shall be in deep or waist deep water and shall not involve a running start. Males and females shall be separated. The start line for the swim leg will be athlete choice of position. The race shall be started by a hooter or gun.

3.2 Gearing of Bikes

3.2.1 No competitor shall compete in their age group with a bike which will engage a gear larger than or as close to as possible so that it does not exceed rollout distance as per the following:

| | |
|-----------------------|-------------|
| Junior (13, 14) | 6.00 metres |
| Intermediate (15, 16) | 6.50 metres |
| Senior (17, 18, 19) | 7.93 metres |

3.2.2 Rollout measurement of bikes is the responsibility of the host state. The number of rollouts shall also be determined by the host state.

3.3 Bike Technology

There will be no wheel restrictions for all age groups.

3.4 Transition Area

The transition area shall not exceed Triathlon Australia dimensions and shall be of a flow through nature giving no advantage to any competitor. Places on the bike racks will be allocated on a basis where states are listed in alphabetical order and athletes are positioned as follows:

| | | | | |
|----------|--------------|----------|----|---------|
| Example: | Junior Girls | Position | 1. | ACT |
| | | | 2. | NSW |
| | | | 3. | NT |
| | | | 4. | QLD |
| | | | 5. | SA |
| | | | 6. | TAS |
| | | | 7. | VIC |
| | | | 8. | WA |
| | | | 9. | ACT etc |

3.5 Course Length

3.5.1 Distances shall be as near as geographically as possible to the following:

| | |
|-----------------------|-----------------------------------|
| Junior (13, 14) | 400 m swim, 12 km cycle, 3 km run |
| Intermediate (15, 16) | 600 m swim, 16 km cycle, 4 km run |
| Senior (17, 18, 19) | 750 m swim, 20 km cycle, 5 km run |
| Relay event | 600 m swim, 16 km cycle, 4 km run |

3.5.2 It is strongly recommended that the Championship be conducted on a road closed course.

3.6 Clothing/Uniforms

3.6.1 All States/Territories shall wear representative clothing as follows:

| | |
|------------------------------|-------------------------------------|
| Australian Capitol Territory | Yellow and Blue |
| New South Wales | Sky Blue, Navy Blue and White |
| Northern Territory | Ochre, Black and White |
| Queensland | Maroon and White, splash Black/Grey |
| South Australia | Red, Yellow and Blue |
| Tasmania | Green, Gold and Red |
| Victoria | Navy Blue, White, Red and Green |
| Western Australia | Black and Gold |

3.6.2 All team members must wear state coloured uniforms i.e. bathers, swim caps and running gear as covered by sanctioning. Race singlets are required for male competitors only. This is to apply for both Individual and Relay events. For all relay events, if extra apparel is worn, team members must wear state coloured tops, state coloured cycling pants or plain black cycling pants.

3.6.3 It is recommended that States/Territories wear coloured swim caps as indicated:

| | |
|------------------------------|--------------------|
| Australian Capitol Territory | Royal Blue |
| New South Wales | Pale Blue/Sky Blue |
| Northern Territory | Ochre |
| Queensland | Maroon |
| South Australia | Yellow |
| Tasmania | Red |
| Victoria | Navy Blue |
| Western Australia | Black with Yellow |

4.0 OFFICIALS

4.1 Protests

4.1.1 A Competition Jury shall be formed at the Opening Conference of each Championship.

4.1.2 It shall consist of representatives from at least three (3) different states, the School Sport Australia National Secretary and the Triathlon Australia Technical Delegate in an advisory capacity only.

4.1.3 One nominated team official representative of the protester and of the accused must be present. Protest forms shall be made available at the Opening Conference.

4.1.4 The current Triathlon Australia protest rule shall be used.

5.0 EVENT FORMAT

5.1 Individual Event

5.1.1 The Senior Age Group (17-19) shall be draft legal.

5.1.2 All States/Territories represented shall compete in the individual event.

5.2 Relay Event

5.2.1 The Relay event shall be held at least twenty four (24) hours after all individual events.

5.2.2 All States/Territories represented shall compete in the relay event. Students must compete in the individual race in order to compete in the relay event unless a medical certificate is provided.

- 5.2.3 Each age and sex division shall be represented by a team of 3 from a possible 6, with one athlete swimming, one athlete cycling and one athlete running.
- 5.2.4 The remaining athletes from each age group will form a team/teams, which will compete as an All Age relay team/teams where the cyclist must conform to their age group gear restriction. An All Age Relay team shall consist of a team of 3 including one Junior athlete, one Intermediate athlete and one Senior athlete, with one athlete swimming, one athlete cycling and one athlete running.
- 5.2.5 Age group relay teams may be filled by younger participants who may race up but with their own age group gear restrictions.
- 5.2.6 Any variations to the composition of relay teams, based on team size, illness or injury must be approved at a Team Managers meeting.
- 5.2.7 Changeover procedure (at the discretion of the Race Director) will see, within the transition area, the swimmer tag the cyclist and the cyclist tag the runner.

5.3 Drafting

- 5.3.1 The current Triathlon Australia Drafting Rule will be used.

5.4 Race Components

- 5.4.1 Host States/Territories should ensure that contingency plans for all components of the race schedule are considered should any exceptional circumstances arise.
- 5.4.2 All competitors will be expected to arrive fully prepared for the competition even, if in the event of unforeseen circumstances, some adjustment has to be made to race procedures.

6.0 TROPHIES, AWARDS

6.1 Major Trophies

- 6.1.1 The following trophies are presented at the Closing Ceremony. The name of the winning team is to be engraved on the cup at the expense of the winning state.

| | |
|---------------------|-----------------------------------|
| Championship Trophy | Combined Individual & Relay Total |
| Relay Trophy | Relay Total |
| Individual Trophy | Individual Total |

6.2 Athlete Awards

- 6.2.1 Individual medallions will be presented to the first three (3) finishers in each age group.
- 6.2.2 Relay medallions will be presented to the first three (3) finishers in each age group.

7.0 MEETINGS

7.1 Pre-Event Meeting

The Pre-event meeting shall be held prior to the commencement of competition. It is strongly recommended that the Race Director or representative and the Senior Technical Official or representative be in attendance to clarify any issues that may arise.

7.2 Post-Event Meeting / Team Managers Meetings

The Post-event meeting shall be held during the concluding period of the Championships and, if required, a Team Managers meeting may be called at the end of each day of competition.

- 7.3 The quorum for the above meetings shall be at least one (1) delegate from every competing member body.

**SCHOOL SPORT AUSTRALIA
SERVICE AWARD RECIPIENTS**

| NAME | STATE | YEAR |
|------------------|--------------|-------------|
| Brian Jackson | SA | 2001 |
| Marion Jackson | SA | 2001 |
| Dave Gomer | SA | 2001 |
| Kim Beckinsale | QLD | 2004 |
| Meredith Prime | VIC | 2004 |
| Roch Prendergast | VIC | 2005 |
| Colin Davis | VIC | 2007 |