Note: These Rules and Guidelines are to be read in conjunction with the ‘School Sport Australia General Policies and Guidelines’.

1.0 COMPETITION RULES

1.1 Rules of the Competition
All events are to be conducted under the rules as used by the International Association of Athletic Federations (IAAF) and the International Paralympic Committee (IPC) with the exception of the following or as stated elsewhere in these Rules and Guidelines:

1.1.1 IAAF Rule 181.20 Para 2 and IAAF Rule 181.8 Ties – part c) (i) Will not be enforced.
1.1.2 IAAF Rule 144.2 Assistance to Athletes is varied as follows: Communication with athletes is permitted by official Team Officials provided they located in the area reserved for this purpose.
1.1.3 IAAF Rule 1.6.2.6 and 162.7 False Starts – this is replaced by Rule 2.12 below.
1.1.4 IAAF 163.8, 163.9, 163.10, 163.11, 163.12, 184.4, 184.5 Wind Gauge – see Rule 2.9 below.
1.1.5 IAAF Rule 181.1 and 181.4 – Vertical Jumps are varied as per Rule 2.10 below.
1.1.6 IAAF Rule 180.6 Order of Competition shall not be enforced. However, in throws and horizontal jumps, a competitor must complete all attempts before the scheduled starting time of the next event or forfeit those attempts. This may be varied by the relevant Referee and/or Competition Manager - see also Rule 2.13.1 below.
1.1.7 IAAF Rule 146 Jury of Appeal – see Rule 2.18 below.
1.1.8 IPC variation of IAAF Rule 144 – Assistance to Athletes as per Rule 2.11 below.

1.2 Age Eligibility
1.2.1 Refer School Sport Australia General Policies and Guidelines.
1.2.2 Competitors must compete in their own age group only eg a ten year old cannot compete in an eleven year old age group. This shall not apply to Open Age events and Relay Day events.

1.3 Computer Software
1.3.1 ‘Meet Manager’ shall be the computer program used to conduct the Exchange.
1.3.2 ‘Meet Manager’ shall be used for determining the points for the Multi Event.
1.3.3 The School Sport Australia National Secretary shall prepare the ‘Meet Manager’ program each year.

1.4 Team Size
1.4.1 Each State/Territory shall be permitted to enter the following number of competitors:
   All Individual Events (except 100 m) Three (3) competitors per age group
   100 Metres Four (4) competitors per age group
   Multi Event Two (2) competitors per age group
   4x 100 Metres Relay One (1) entry per age group
   Medley Relay One (1) entry per age group
   Events for Students with a Disability Three (3) competitors per event

1.4.2 Students with a Disability will nominate as per their peers (ie there is no team size limit).
1.4.3 Students with a Disability may compete in able body events for which they qualify through the same selection process as able body athletes.
### 2.0 COMPETITION STRUCTURE

#### 2.1 Program of Events

**Days 1 and 2:**

<table>
<thead>
<tr>
<th>Event</th>
<th>10 YEARS BOYS &amp; GIRLS</th>
<th>11 YEARS BOYS &amp; GIRLS</th>
<th>12 YEARS BOYS &amp; GIRLS</th>
<th>10-12 YEARS BOYS &amp; GIRLS</th>
</tr>
</thead>
<tbody>
<tr>
<td>100 Metres</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>100 Metres AWD</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>200 Metres</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>200 Metres AWD</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>800 Metres</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>800 Metres AWD</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>4 x 100 M Relay</td>
<td>No</td>
<td>No</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>4 X 100 M Relay AWD</td>
<td>No</td>
<td>No</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>Medley Relay</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>Multi Event</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>Long Jump</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>Long Jump AWD (ambulant only)</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>High Jump</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>Shot Put</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>Shot Put AWD</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>Discus</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>Discus AWD</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
</tr>
</tbody>
</table>

**Day 3:**

<table>
<thead>
<tr>
<th>Event</th>
<th>10 Years Boys</th>
<th>10 Years Girls</th>
<th>10 Years Mixed</th>
<th>11 Years Boys</th>
<th>11 Years Girls</th>
<th>11 Years Mixed</th>
<th>12 Years Boys</th>
<th>12 Years Girls</th>
<th>12 Years Mixed</th>
<th>AWD 10-12 Years Boys</th>
<th>AWD 10-12 Years Girls</th>
<th>AWD 10-12 Years Mixed</th>
</tr>
</thead>
<tbody>
<tr>
<td>4x200m</td>
<td>No</td>
<td>No</td>
<td>Yes</td>
<td>No</td>
<td>No</td>
<td>Yes</td>
<td>No</td>
<td>No</td>
<td>No</td>
<td>No</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td>Medley Relay</td>
<td>No</td>
<td>No</td>
<td>No</td>
<td>No</td>
<td>No</td>
<td>Yes</td>
<td>No</td>
<td>No</td>
<td>No</td>
<td>Yes</td>
<td>No</td>
<td>Yes</td>
</tr>
<tr>
<td>Long Jump</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
<td>No</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>Shot Put</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
<td>Yes</td>
<td>No</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td>8x100m</td>
<td>No</td>
<td>No</td>
<td>Yes</td>
<td>No</td>
<td>No</td>
<td>Yes</td>
<td>No</td>
<td>No</td>
<td>No</td>
<td>Yes</td>
<td>No</td>
<td>Yes</td>
</tr>
</tbody>
</table>

#### 2.2 Entries

2.2.1 Performances must accompany all entries from competing states/territories for heat draws and seeding purposes.

2.2.2 All events will be offered irrespective of the number of entries received.

#### 2.3 Track Events

2.3.1 In events with two (2) heats, the first three placegetters in each heat plus the next fastest times to make a final of eight (8).

2.3.2 In events with three (3) heats, the first two placegetters for each heat plus the next fastest times to make a final.
2.3.3 For four (4) heats in 100 m, on tracks with eight (8) lanes, there will be three rounds of competition (heats, semi finals/finals). On tracks with ten (10) lanes, there will be two rounds of competition (heats/finals). The advancement will be the first two placegetters plus the fastest times to fill the available lanes in 100 m only.

2.3.4 Starting blocks are optional and athletes are allowed to perform a standing start for sprints and relays events.

2.4 800 Metres
2.4.1 When the Track & Field Exchange is conducted over two (2) days, heats and/or finals should be conducted on separate days and at appropriate times to avoid excessive heat and humidity.

2.4.2 Spikes are permitted to be worn in all track events including the 800m.

2.5 Relays – Days 1 and 2:
There shall be two relays offered on Days 1 and 2:

2.5.1 4 x 100 Metres Relay – teams shall consist of four (4) runners all eligible to compete in the relay entered. The 4 x 100 metres shall be the last event on Day 1.

2.5.2 Medley Relay (2 x 200 m, 1 x 100 m, 1 x 300 m) – teams shall consist of four (4) runners who may be of varying ages, but the team must compete in the age division for which the oldest runner is eligible. The Medley Relay should be the last events on Day 2.

2.5.3 The Medley Relay format shall be:
The first runner shall start on the 4x400 m relay marks.
The second runner shall receive the baton within the 4x200 m change over marks. If there are no 4x200 m changeover areas marked on the track, then the 4x100 m changeover marks will be used.
The third runner will receive the baton within the 4x400 m relay changeover area in lanes.
The fourth runner will stand inside the dotted 1500 m assembly line, in lanes, and receive the baton before the green 800 m cut in line. Once they have received the baton, the runner must stay in their lane until they fully cross over the green cut in line after which they may diverge.
Acceleration Zones are permitted for all changeovers.

2.5.4 AWD Relays
4x100m – as per Rule 2.5.1 above.
It will be conducted as a combined age group 10-12 years for boys and girls.
The results will be calculated using the multi disability method for relays.

2.5.5 An athlete may compete in one (1) relay only. Where a state cannot field a relay team, they may form a composite team with another state. Where possible, notice should be given at the Pre-Event Meeting.

2.5.6 The composite relay teams shall have equal status as state relays.

2.5.7 Relay Team Sheets will be distributed at the Pre-Event Meeting and must be completed for all relay teams.

2.5.8 The deadline for submission of Relay Team Sheets shall be advised by the Host State.

2.6 Relay Day – Day 3:
2.6.1 Conditions

2.6.1.1 The Relay Day is to be a relaxed, fun day to conclude competition at the Exchange.

2.6.1.2 It is recommended that it be held after the Excursion and prior to the Closing Ceremony.

2.6.1.3 The Closing Ceremony will take place as soon after the conclusion of the Relay Day as practical.

2.6.1.4 Every team member must compete on the Relay Day in at least one relay team.

2.6.1.5 The 4x100m Relay (all) and the Medley Relay (able body only) do NOT count for the purpose for fulfilling condition 2.6.1.4 above.

2.6.1.6 Competitors who become injured during the course of the Exchange, and cannot take part in a relay team, will be utilized as ‘officials’ at a relay site.

2.6.1.7 A call room will operate for track relays only.

2.6.1.8 Field relay teams will report to the relevant event site when called.
2.6.1.10 School Sport Australia medallions will not be presented for these relays.
2.6.1.11 Exchange Finalist Ribbons will not be presented for these events.
2.6.1.12 The host state will organize suitable mementos (eg pennant) to be presented to all team members of the first three teams in each event.
2.6.1.13 All track relays will be run as timed finals with the 3 best times across all heats deciding the placegetters.
2.6.1.14 The results of the AWD relays will be determined using the multi disability method for relays.

2.6.2 Entries
2.6.2.1 States/Territories may enter up to two (2) teams per event per age group except they may enter up to four (4) teams in the 4x200m relays per age group.
2.6.2.2 AWD relays will compete as one age group (10-12 years) until entries warrant expansion.
2.6.2.3 Team members may be of varying ages, but the team must compete in the age group for which the oldest team member is eligible.
2.6.2.4 States/Territories may form composite teams.
2.6.2.5 Entries, on the Relay Team Sheets, must be handed to the National Secretary prior to the completion of Day 2 of competition.

2.6.3 4x200m Relay
2.6.3.1 Each team shall consist of four (4) runners, two (2) of whom shall be boys and two (2) of whom shall be girls.
2.6.3.2 The order of running will be boy, boy, girl, girl.
2.6.3.3 The format shall be:
   - The first runner shall start on the 4x200 m relay marks.
   - The second runner shall receive the baton within the 4x200 m changeover marks. If there are no 4x200 m changeover areas marked on the track, then the 4x400 m changeover marks will be used.
   - The third runner will receive the baton within the 4x200m relay changeover area in lanes and may cross into lane one after the 800m break line on the back straight.
   - The fourth runner will be lined up on the track, by an official, in the start list order and must receive the baton within the 20m changeover area.
   Acceleration Zones are permitted for all changeovers.

2.6.4 AWD Medley Relay
2.6.4.1 Each team will consist of four (4) runners.
2.6.4.2 The suggested format will be, in order, 200m, 200m, 100m, 300m.
2.6.4.3 Refer to Rule 2.5.3 for the changeover procedures, start line etc.

2.6.5 Long Jump and Shot Put Relays
2.6.5.1 Each team shall consist of a minimum of four (4) and a maximum of six (6) athletes.
2.6.5.2 Each team member will have two attempts.
2.6.5.3 The best four (4) performances from four different team members will be added together to give the final team score.
2.6.5.4 The teams will be ranked on the final team score.
2.6.5.5 School Sport Australia records cannot be claimed from performances in these relay.
2.6.5.6 Shot Put weights will be those used for the individual events of that age group.

2.6.6 8x100m
2.6.6.1 Teams shall consist of eight (8) runners, four (4) of whom shall be boys and four (4) of whom shall be girls.
2.6.6.2 Runners will alternate boy/girl starting with a boy.
2.6.6.3 The number of teams allocated to each heat will be limited to reduce the crowding of runners at changeover zones for fifth, sixth, seventh and eighth runners.
2.6.6.4 The 8x100m relay format will be:
   - Start at the 4x100m relay start.
   - Use the respective 4x100m changeover zones.
   - May cut in on the front straight at a designated break line.
   - Use the 4x400 m changeover zone.
   - Use the 4x100 m changeover zone for Lane One.

A changeover zone of 20 m shall exist at each changeover.
2.6.7 Pacific School Games
2.6.7.1 The Relay Day should be included in the Pacific School Games for Track and Field.

2.7 Multi Events
2.7.1 The following events will be conducted over two days:

Day One: 100 m, Long Jump

Day Two: Shot Put, 800 m

2.7.2 The events comprising the Multi Event shall be conducted separately and not combined with an existing event.

2.7.3 The Multi Event 800m may be moved, at the discretion of the host state, to another time slot in the day to accommodate safety and health concerns and shot put rescheduled into the program at a suitable time to accommodate this happening.

2.8 Timing
2.8.1 Each competitor in track event heats and finals shall be timed, irrespective of their placing.

2.9 Wind Gauge
2.9.1 The use of a wind gauge is optional. It is not required for meet records.

2.10 Field Events
2.10.1 Field events should be run concurrently subject to the availability of officials and facilities.

2.10.2 In all field events, except High Jump, all competitors will have three (3) attempts in rotation. The best eight (8) will qualify to have a further optional three (3) attempts. The best of all attempts shall count for placings.

2.10.3 In High Jump, the starting heights shall be:

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Height (m)</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 Year Girls</td>
<td>1.05</td>
</tr>
<tr>
<td>10 Year Boys</td>
<td>1.15</td>
</tr>
<tr>
<td>11 Year Girls</td>
<td>1.15</td>
</tr>
<tr>
<td>11 Year Boys</td>
<td>1.25</td>
</tr>
<tr>
<td>12 Year Girls</td>
<td>1.20</td>
</tr>
<tr>
<td>12 Year Boys</td>
<td>1.30</td>
</tr>
</tbody>
</table>

Bar rises shall be 5 cm until a maximum of six (6) competitors remain then 3 cm until two (2) competitors remain then 2 cm increments. If the field comprises of less than eight (8) competitors, the increments are at the discretion of the Chief Judge in consultation with the Field Referee.

The IAAF Jump Off Rule to separate equal first place shall NOT be used.

2.10.4 Where possible field events sectors/pits should be marked as follows:

Discus – 5m interval lines and markers
Shot Put – 1m interval lines and markers
Long Jump – indicator boards to be used.

2.11 Events for Athletes with a Disability
2.11.1 AWD events shall cover all IPC, INASFID and Deaf classifications.

2.11.2 Places will be calculated using the ‘multi disability method’ using the Athletics Australia Multi Disability Standards for the various classes.

2.11.3 Standards for Athletes with a Disability be used as a guide for selection (see Appendix 1).

2.11.4 Verification of classifications of AWD team members must be submitted at the Pre Event Meeting with the SSA Document Checking Sheet.

2.11.5 Student guide runners (of T11 classified athletes who medal) receive a suitable memento, provided by the Host State, at the time of presentation.

2.12 False Starts
2.12.1 Any competitor making a false start shall be warned. If a competitor is responsible for making two (2) false starts, or three (3) in the case of Multi Events, he/she shall be disqualified.

2.13 Clash of Events
2.13.1 Where a competitor has a clash of a field event with a track event, he/she shall be permitted to complete the field event, where possible, taking the trials out of order if necessary.

2.13.2 Team Officials are permitted to ‘marshal’ on behalf of a competitor.
2.13.3 Specific instructions shall be provided by the Host State Competition Director at the Pre-Event Meeting.

2.14 Marshalling Times/Areas
2.14.1 An appropriate Call Area is to operate at each Exchange.

2.14.2 Recommended Marshalling Times:
- **Track Events**: 15 minutes
- **Field Events**: 30 minutes

If a venue does not have separate warm up facilities, these marshalling times may be extended to allow more preparation time at the event site.

2.15 Competition Times
2.15.1 Refer School Sport Australia General Policies and Guidelines.

2.15.2 The scheduled starting time shall be allocated for all events in the program.

2.15.3 A thirty (30) minute interval should be programmed between the commencement of the Opening Ceremony and the first marshalling call.

2.16 Mixed Gender Events
2.16.1 No mixed gender events shall be conducted on Days 1 and 2 of the Exchange.

2.17 Withdrawals, Substitutions and Additions
2.17.1 Forms shall be made available for distribution at the Pre-Event Meeting.

2.17.2 The deadline for withdrawals, substitutions and additions shall be advised by the Host State.

2.18 Jury of Appeal
2.18.1 The Jury of Appeal to be comprised of a Chairperson (nominated by the Host State), the School Sport Australia National Secretary (or his/her nominee) and one nominated State/Territory representative not involved in the appeal.

2.18.2 Each State/Territory to nominate their representative at the Pre-Event Meeting.

2.19 Protests/Appeals
2.19.1 As per IAAF Rule 146 with the following variations:
- The athlete concerned or his/her Team Manager/Coach only may, in the first instance, make an oral appeal to the Referee.
- The relevant Team Manager/Coach only may make an appeal to the Jury of Appeal.
- The deposit of AUD$20 cash must accompany an appeal to the Jury of Appeal.

2.20 Uniforms
2.20.1 All competitors must wear the official uniform of their State/Territory.

2.20.2 Competition/Hip Numbers, where supplied, must be firmly attached.

2.20.3 Other items of clothing must be in accordance with IAAF Rules.

2.21 Supervision
2.21.1 All states and territories MUST supervise their athletes during all activities on the warm up day and in the warm up area until athletes enter the call room. Parents are forbidden to be on the field of play during warm up day and competition, or in the warm up area or call room. It is the responsibility of all team officials to make sure this rule is enforced.

2.21.2 Only team officials appointed by the relevant State/Territory School Sports Association are permitted in the warm up area.

3.0 FACILITIES, EQUIPMENT

3.1 Facilities
3.1.1 As per the IAAF Rules.
3.1.2 The following facilities are recommended:
- All weather surface track with 8 circular lanes and 10 lanes on the 100 m straight
- Two Discus circles and cages
- Two Shot Put rings and stop board (minimum), extra two required for the Relay Day
- Two Long Jump Pits and Boards (minimum), extra two required for the Relay Day
- One High Jump Pit with uprights and bars (minimum) – bags to suit the age and weight of the athletes

3.2 Competition Area
3.2.1 As per the IAAF Rules.
3.2.2 Refer School Sport Australia General Policies and Guidelines.

3.3 Warm-up Facilities
3.3.1 A warm up day/half day be scheduled before the start of competition, to allow all teams familiarisation with all events sites, surfaces and equipment.
3.3.2 During competition, if available, a separate warm up area should be provided separate to the main competition area.
3.3.3 Throws warm up areas should be isolated from any track/jumps warm up areas.
3.3.4 If warm up facilities are not available, sufficient time shall be allowed at the competition site for adequate warm up.

3.4 Equipment
3.4.1 All competition equipment/implements are to be supplied by the Host State/Exchange Organiser.
3.4.2 The implement weights shall be:

<table>
<thead>
<tr>
<th>Implement</th>
<th>10 Years</th>
<th>11 Years</th>
<th>12 Years</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shot Put</td>
<td>2 kg</td>
<td>2 kg</td>
<td>3 kg</td>
</tr>
<tr>
<td>Discus</td>
<td>500 g</td>
<td>750 g</td>
<td>750 g</td>
</tr>
</tbody>
</table>

Only rubber discuses are to be used for all age groups.

AWD Implement Weights:
The AWD athletes will throw the shot put or discus weight applicable for their classification and age group. The implement weights for athletes with a disability will be no heavier than those thrown by the able body athletes.

<table>
<thead>
<tr>
<th>Classification</th>
<th>10 Years</th>
<th>11 Years</th>
<th>12 Years</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Shot Put</td>
<td>Discus</td>
<td>Shot Put</td>
</tr>
<tr>
<td>F01</td>
<td>2 kg</td>
<td>500 g</td>
<td>2 kg</td>
</tr>
<tr>
<td>F11-13</td>
<td>2 kg</td>
<td>500 g</td>
<td>2 kg</td>
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<tr>
<td>F20</td>
<td>2 kg</td>
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<td>2 kg</td>
</tr>
<tr>
<td>F60</td>
<td>2 kg</td>
<td>500 g</td>
<td>2 kg</td>
</tr>
<tr>
<td>F32</td>
<td>1.5 kg</td>
<td>500 g</td>
<td>1.5 kg</td>
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<tr>
<td>F33</td>
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<td>500 g</td>
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<tr>
<td>F44</td>
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<tr>
<td>F45/46</td>
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<td>2 kg</td>
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<td>F57</td>
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Where boys and girls in a classification group throw different weight shot puts, the weight for the girls' shot put is indicated in brackets.

3.4.3 Photofinish Equipment:
Photofinish equipment that supports the use of the ‘Meet Manager’ software shall to be used. This equipment can be sourced from Athletics Australia if necessary.

4.0 COMPETITION OFFICIALS

4.1 Competition Director, Referees, Umpires and Judges
4.1.1 As per the IAAF Rules.
4.1.2 Refer School Sport Australia General Policies and Guidelines.
4.1.3 Where possible, all referees should be members of the Host Association.

4.2 Photofinish Operator
4.2.1 If a suitably qualified Photofinish Operator is not available from within the Host State/State Athletics Association, the Host State shall budget for the a suitable operator to be invited from another State/Territory.

4.3 Student Officials
4.3.1 These may be sourced from local schools/clubs to perform various tasks at field event sites, start line crew, computer work and Call Room duties.

4.4 Announcer
4.4.1 The Announcer will introduce all field events and all track finalists to the public prior to the commencement of the event.

5.0 TROPHIES/AWARDS/MEDALS/RECORDS

5.1 Medallions
5.1.1 Refer School Sport Australia General Policies.
5.1.2 School Sport Australia medallions will be awarded to first, second and third place in all events on Days 1 and 2 of the Exchange.
5.1.3 Medallions for AWD events will be calculated using the multi-disability method.
5.1.4 Medal presentations are to be held as soon as possible after the completion of the event.
5.1.5 Student guide runners (see Rule 2.11.5 above)

5.2 Finalist Ribbons
5.2.1 Finalist ribbons will be given to all track finalists (including relays), the final eight (8) competitors in field events and the top eight place getters in AWD timed finals according to the multi disability calculations on Days 1 and 2 of the Exchange.

5.3 Relay Day Awards
5.3.1 See Relay Day Rules 2.6.1.10, 2.6.1.11 and 2.6.1.12 above.

5.3 Records
5.4.1 All School Sport Australia Track & Field Exchange programs must include records for all events conducted on Days 1 and 2 of the Exchange. All throwing records should list the weight of the implement.
5.4.2 All discontinued School Sport Australia Track & Field Exchange event records should be included in all future School Sport Australia Track & Field Exchange Programs.
5.4.3 Track records established using hand held times must be given to the nearest one tenth of a second. Records established using electronic timing shall be given to the nearest one hundredth of a second.
5.4.4 A certificate, supplied by School Sport Australia, shall be presented to all record breakers. Certificates shall also be awarded for any records set in qualifying rounds of competition as well as any other subsequent final round.
5.4.5 Exchange records may be broken by performances attained at a Pacific School Games. A complete set of Pacific School Games records should be kept.

6.0 OTHER

6.1 Ceremonies
6.1.1 Refer School Sport Australia General Policies and Guidelines.
6.1.2 There shall be an Opening and a Closing Ceremony conducted. The Opening Ceremony to be held on the warm up day whenever possible. The Closing Ceremony must be the held at the end of the Exchange and after the Excursion.
6.1.3 Medal presentations are to be held as soon as possible after the completion of each event.

6.2 Program
6.2.1 Refer School Sport Australia General Policies and Guidelines.
6.2.2 The Exchange program shall contain:
   - Welcome Messages
   - Rules & Guidelines
   - History of the Exchange
   - Heat/Event Draws
   - Space to write names of finalists
   - All records
   - Appropriate sponsor advertisements

6.2.3 The following rules shall be specially printed in the Exchange Program:
   - IAAF Rule 142.4 ‘Failure to Participate’ - re withdrawing athletes from events.
   - School Sport Australia Policy re removal of children from billets and Exchange activities.

6.3 School Sport Australia General Policies and Guidelines
6.3.1 Refer School Sport Australia General Policies and Guidelines on:
   - Billeting
   - Coaching
   - Contingencies
   - Educational Excursions
   - Finances
   - Medical
   - Meetings
   - Sponsorship
   - Team Documentation

APPENDICES

Appendix 1 AWD Selection Guide

Refer to Host State Manual

1 Suggested Two Day Program
2 Suggested Three Day Program
3 Withdrawal, Substitution. Additions Form
4 Relay Form
5 Track Umpires Form
6 Medical Form
7 Record Certificate
8 Finalist Ribbons
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<thead>
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