SCHOOL SPORT AUSTRALIA

TRACK & FIELD CHAMPIONSHIPS

RULES AND GUIDELINES

Note: These Rules and Guidelines are to be read in conjunction with the ‘School Sport Australia General Policies and Guidelines’.

1.0 COMPETITION RULES

1.1. Rules of the Competition

All events are to be conducted under the rules as used by the International Association of Athletic Federations (IAAF) and the International Paralympic Committee (IPC) with the exception of the following or as stated elsewhere in these Rules and Guidelines:

1.1.1 IAAF Rule 181.8 Ties – part c) (i) Will not be enforced.

1.1.2 IAAF Rule 144.4 (a) Assistance to Athletes is varied as follows: Communication with athletes is permitted by official Team Officials provided they located in the area reserved for this purpose.

1.1.3 IPC variation of IAAF Rule 144 – Assistance to Athletes as per Rule 2.12 below.

1.1.4 IAAF Rule 146 Jury of Appeal – see Rule 2.20 below.

1.1.5 IAAF Rule 161 Starting Blocks – see Rule 2.4.4 below

1.1.6 IAAF Rule 162.6 and 162.7 False Starts – this is replaced by Rule 2.13 below.

1.1.7 IAAF Rules 163.8, 163.9, 163.10, 163.11, 163.12, 184.10, 184.11, 184.12 Wind Gauge – see Rule 2.10 below.

1.1.8 IAAF Rule 181.1 and 181.4 – Vertical Jumps are varied as per Rule 2.11 below.

1.1.9 IAAF Rule 142.3 and 180.6 Order of Competition shall not be enforced. However, in throws and horizontal jumps, a competitor must complete all attempts before the scheduled starting time of the next event or forfeit those attempts. This may be varied by the relevant Referee and/or Competition Manager - see also Rule 2.14.1 below.

1.2 Age Eligibility

1.2.1 Refer School Sport Australia General Policies and Guidelines.

1.2.2 Competitors must compete in their own age group only eg a ten year old cannot compete in an eleven year old age group. This shall not apply to Open Age events and Relay Day events.

1.3 Computer Software

1.3.1 ‘Meet Manager’ shall be the computer program used to conduct the Championships

1.3.2 ‘Meet Manager’ shall be used for determining the points for the Multi Event.

1.3.3 The School Sport Australia National Secretary shall prepare the ‘Meet Manager’ program each year.

1.4 Team Size

1.4.1 Each State/Territory shall be permitted to enter the following number of competitors:

<table>
<thead>
<tr>
<th>EVENT</th>
<th>COMPETITORS PER AGE GROUP</th>
</tr>
</thead>
<tbody>
<tr>
<td>All individual events (except 100 m)</td>
<td>Three (3)</td>
</tr>
<tr>
<td>100 Metres</td>
<td>Four (4)</td>
</tr>
<tr>
<td>Multi Event</td>
<td>Two (2)</td>
</tr>
<tr>
<td>4 x 100 Metre Relay</td>
<td>One (1)</td>
</tr>
<tr>
<td>Medley Relay</td>
<td>One (1)</td>
</tr>
<tr>
<td>Para-Athletes (Students with a Disability) (all events)</td>
<td>Three (3)</td>
</tr>
</tbody>
</table>

1.4.2 Students with a Disability will nominate as per their peers (ie there is no team size limit)

1.4.3 Students with a Disability may compete in able body events for which they qualify through the same selection process as able body athletes.
2.0 COMPETITION STRUCTURE

2.1 Competition Itinerary

The appropriate itinerary for the Championships is:

<table>
<thead>
<tr>
<th>DAY</th>
<th>ACTIVITY</th>
<th>TIME</th>
</tr>
</thead>
<tbody>
<tr>
<td>ONE</td>
<td>Teams Arrive</td>
<td>am</td>
</tr>
<tr>
<td></td>
<td>Classification and Venue Familiarisation</td>
<td>afternoon</td>
</tr>
<tr>
<td></td>
<td>Pre Event Meeting</td>
<td>Eg 6 pm</td>
</tr>
<tr>
<td>TWO</td>
<td>Alternate Classification and Venue Familiarisation</td>
<td>am</td>
</tr>
<tr>
<td></td>
<td>Opening Ceremony</td>
<td>Am or pm</td>
</tr>
<tr>
<td></td>
<td>Multi Events start (100m, LJ)</td>
<td>Afternoon or could be full day</td>
</tr>
<tr>
<td></td>
<td>Medal Events Start</td>
<td>Afternoon or could be full day</td>
</tr>
<tr>
<td>THREE</td>
<td>Medal Events Competition Continues</td>
<td>Full Day</td>
</tr>
<tr>
<td>FOUR</td>
<td>Medal Events Competition Continue</td>
<td>Full Day or Half Day</td>
</tr>
<tr>
<td></td>
<td>Possible Half Day Excursion</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Team Officials Dinner</td>
<td>evening</td>
</tr>
<tr>
<td>FIVE</td>
<td>Possible Half Day Excursion</td>
<td>am</td>
</tr>
<tr>
<td></td>
<td>Relay Day</td>
<td>pm</td>
</tr>
<tr>
<td></td>
<td>Post Event Meeting</td>
<td>Conclusion of competition</td>
</tr>
<tr>
<td></td>
<td>Teams may chose depart – state/territory choice</td>
<td>No earlier than 8 pm</td>
</tr>
<tr>
<td>SIX</td>
<td>Teams Depart – state/territory choice</td>
<td>am</td>
</tr>
</tbody>
</table>

2.2 Program of Events

Days 1, 2 and 3:

<table>
<thead>
<tr>
<th></th>
<th>10 YEARS BOYS &amp; GIRLS</th>
<th>11 YEARS BOYS &amp; GIRLS</th>
<th>12 YEARS BOYS &amp; GIRLS</th>
<th>10-12 YEARS BOYS &amp; GIRLS</th>
</tr>
</thead>
<tbody>
<tr>
<td>100 Metres</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>100 Metres PARA</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>200 Metres</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>200 Metres PARA</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>800 Metres</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>800 Metres PARA</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>4 x 100 M Relay</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>4 X 100 M Relay PARA</td>
<td>No</td>
<td>No</td>
<td>No</td>
<td>Yes</td>
</tr>
<tr>
<td>Medley Relay</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>Multi Event</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>Long Jump</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>Long Jump PARA (ambulant only)</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>High Jump</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>Shot Put</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>Shot Put PARA</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>Discus PARA</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
</tr>
</tbody>
</table>
Final Day:

<table>
<thead>
<tr>
<th>Event</th>
<th>10 Years</th>
<th>11 Years</th>
<th>12 Years</th>
<th>PARA 10-12 Years</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Boys</td>
<td>Girls</td>
<td>Mixed</td>
<td>Boys</td>
</tr>
<tr>
<td>4x200m</td>
<td>No</td>
<td>No</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>Long Jump</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
<td>Yes</td>
</tr>
<tr>
<td>Shot Put</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
<td>Yes</td>
</tr>
<tr>
<td>8x100m</td>
<td>No</td>
<td>No</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>8x80m Shuttle</td>
<td>No</td>
<td>No</td>
<td>Yes</td>
<td>No</td>
</tr>
</tbody>
</table>

2.3 Entries

2.3.1 Performances must accompany all entries from competing states/territories for heat draws and seeding purposes.

2.3.2 All events will be offered irrespective of the number of entries received.

2.4 Track Events

2.4.1 In events with two (2) heats, the first three placegetters in each heat plus the next fastest times to make a final of eight (8).

2.4.2 In events with three (3) heats, the first two placegetters for each heat plus the next fastest times to make a final.

2.4.3 For four (4) heats in 100 m, on tracks with eight (8) lanes, there will be three rounds of competition (heats, semi finals/finals). On tracks with ten (10) lanes, there will be two rounds of competition (heats/finals). The advancement will be the first two placegetters plus the fastest times to fill the available lanes in 100 m only.

2.4.4 Starting blocks are optional and athletes are allowed to perform a standing start for sprints and relays events.

2.5 800 Metres

2.5.1 When the Track & Field Championships is conducted over two (2) days, heats and/or finals should be conducted on separate days and at appropriate times to avoid excessive heat and humidity.

2.5.2 Spikes are permitted to be worn in all track events including the 800m.

2.6 Relays – Medal Events (Days 1 or 2 and 3):

There shall be two relays offered on Days 1 or 2 and 3:

2.6.1 4 x 100 Metres Relay – teams shall consist of four (4) runners all eligible to compete in the relay entered. The 4 x 100 metres shall be the last event on Day 1 or 2.

2.6.2 Medley Relay (2 x 200 m, 1 x 100 m, 1 x 300 m) – teams shall consist of four (4) runners who may be of varying ages, but the team must compete in the age division for which the oldest runner is eligible. The Medley Relay should be the last events on Day 3.

2.6.3 The Medley Relay format shall be:

• The first runner shall start on the 4x400 m relay marks.
• The second runner shall receive the baton within the 4x200 m change over marks. If there are no 4x200 m changeover areas marked on the track, then the 4x100 m changeover marks will be used.
• The third runner will receive the baton within the 4x400 m relay changeover area in lanes.
• The fourth runner will stand inside the dotted 1500 m assembly line, in lanes, and receive the baton before the green 800 m cut in line. Once they have received the baton, the runner must stay in their lane until they fully cross over the green cut in line after which they may diverge.
• Acceleration Zones are permitted for all changeovers.

2.6.4 Para-Athlete (AWD) Relays

2.6.4.1 4x100m – as per Rule 2.5.1 above.

It will be conducted as a combined age group 10-12 years for boys and girls.

The results will be calculated using the multi disability method for relays.

2.6.4.2 Medley Relay – as per Rule 2.5.3 above

It will be conducted as a combined age group 10-12 years for boys and girls.

The results will be calculated using the multi disability method for relays.

2.6.5 An athlete may compete in one (1) relay only.

Smaller States/Territories with small team sizes may use the same athletes for these relays. Where a state cannot field a relay team, they may form a composite team with another state. Where possible, notice should be given at the Pre-Event Meeting.

2.6.6 The composite relay teams shall have equal status as state relays.

2.6.7 Relay Team Sheets will be distributed at the Pre-Event Meeting and must be completed for all relay teams.
2.6.8 The deadline for submission of Relay Team Sheets shall be advised by the Host State.

2.7 Relay Day – Day 3:

2.7.1 Conditions

2.7.1.1 The Relay Day is to be a relaxed, fun day to conclude competition at the Championships.

2.7.1.2 It is recommended that it be held after the Excursion and prior to the Closing Ceremony.

2.7.1.3 The Closing Ceremony will take place as soon after the conclusion of the Relay Day as practical.

2.7.1.4 Every team member must compete on the Relay Day in at least one relay team.

2.7.1.5 The 4x100m Relay and the Medley Relay do NOT count for the purpose of fulfilling condition 2.6.1.4 above.

2.7.1.6 Competitors who become injured during the course of the Championships, and cannot take part in a relay team, will be utilized as ‘officials’ at a relay site.

2.7.1.7 A call room will operate for track relays only.

2.7.1.8 Field relay teams will report to the relevant event site when called.

2.7.1.9 Team Officials may be requested to assist at event sites, changeover zones etc.

2.7.1.10 School Sport Australia medallions will not be presented for these relays.

2.7.1.11 Championships Finalist Ribbons will not be presented for these events.

2.7.1.12 The host state will organize suitable mementos (eg pennant) to be presented to all team members of the first three teams in each event.

2.7.1.13 All track relays will be run as timed finals with the 3 best times across all heats deciding the placers.

2.7.1.14 The results of the Para-Athlete (AWD) relays will be determined using the multi disability method for relays.

2.7.2 Entries

2.7.2.1 States/Territories may enter up to two (2) teams per event per age group per gender in all Relay Day events. For mixed gender events, each State/Territory may enter up to two (2) teams per age group.

2.7.2.2 Para-Athlete (AWD) relays will compete as one age group (10-12 years) until entries warrant expansion.

2.7.2.3 Team members may be of varying ages, but the team must compete in the age group for which the oldest team member is eligible.

2.7.2.4 States/Territories may form composite teams.

2.7.2.5 Entries, on the Relay Team Sheets, must be handed to the National Secretary the day before the Relay Day competition.

2.7.3 4x200m Relay

2.7.3.1 Each team shall consist of four (4) runners, two (2) of whom shall be boys and two (2) of whom shall be girls.

2.7.3.2 The order of running will be boy, boy, girl, girl.

2.7.3.3 The format shall be:

<table>
<thead>
<tr>
<th>Runner Number</th>
<th>Changeover</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>First Runner</td>
<td>Use the 4x200m changeover zone (First change). If there are no 4x200m changeover areas marked on the track, then the 4x100m changeover zones will be used</td>
<td>Runners start on the 4x200m Relay start and run in lanes</td>
</tr>
<tr>
<td>Second Runner</td>
<td>Use the 4x400m changeover zone (Second change)</td>
<td>The runners run in lanes</td>
</tr>
<tr>
<td>Third Runner</td>
<td>Runners will run in lanes for the first 100m and may cross into lane one after the 800m break line on the back straight</td>
<td>Runners will be lined up, by an official, in start list order. Runners must maintain this order and cannot change even if the incoming runners change order</td>
</tr>
<tr>
<td>Fourth Runner</td>
<td>Use the 4x200m changeover zone in lane one (Third change). If no 4x200m are marked on the track, the 4x100m changeover zone in lane one will be used.</td>
<td>• Acceleration Zones are permitted for all changeovers.</td>
</tr>
</tbody>
</table>

Notes:
- Fields are to be utilized as available.
- Changeover zones are to be utilized as available.
- Individual times for relay relays will not be presented.
2.7.4 Long Jump and Shot Put Relays
2.7.4.1 Each team shall consist of a minimum of three (3) and a maximum of four (4) athletes.
2.7.4.2 Each team member will have two attempts.
2.7.4.3 The best three (3) performances from four different team members will be added together to give the final team score.
2.7.4.4 The teams will be ranked on the final team score.
2.7.4.5 School Sport Australia records cannot be claimed from performances in these relay.
2.7.4.6 Shot Put weights will be those used for the individual events of that age group.
2.7.4.7 On the Relay Day, for Para-Athlete (AWD) athletes, take off should be from the front of the pit or from a one (1) metre board and to be nominated by the athlete.

2.7.5 8x100m
2.7.5.1 Teams shall consist of eight (8) runners, four (4) of whom shall be boys and four (4) of whom shall be girls.
2.7.5.2 Runners will alternate boy/girl starting with a boy.
2.7.5.3 The number of teams allocated to each heat will be limited to reduce the crowding of runners at changeover zones for fifth, sixth, seventh and eighth runners.
2.7.5.4 The 8x100m relay format will be:

<table>
<thead>
<tr>
<th>Runner Number</th>
<th>Changeover</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>First Runner</td>
<td>Use the 4x100m changeover zone (First change)</td>
<td>Runners start at the 4x100m relay start and run in lanes</td>
</tr>
<tr>
<td>Second Runner</td>
<td>Use the 4x100m changeover zone (Second change)</td>
<td>Runners run in lanes</td>
</tr>
<tr>
<td>Third Runner</td>
<td>Use the 4x100m changeover zone (Third change)</td>
<td>Runners may cut in after passing the end of their respective 4x100m changeover zone (yellow tick) Cones will be placed to indicate the cut in</td>
</tr>
<tr>
<td>Fourth Runner</td>
<td>Use the 4x400m changeover zone (Fourth change)</td>
<td>Runners will be lined up in lane order</td>
</tr>
<tr>
<td>Fifth Runner</td>
<td>Use the 4x100m changeover zone in lane one (Fifth change)</td>
<td>Runners will be placed on the track in the order the teams come into change at the fourth change</td>
</tr>
<tr>
<td>Sixth Runner</td>
<td>Use the 4x100m changeover zone in lane one (Sixth change)</td>
<td>Runners will be placed on the track in the order the teams enter the bend (Fifth runner)</td>
</tr>
<tr>
<td>Seventh Runner</td>
<td>Use the 4x100m changeover zone in lane one (Seventh change)</td>
<td>Runners will be placed on the track in the order the teams enter the back straight (Sixth runner)</td>
</tr>
</tbody>
</table>

- Once allocated a position, athletes must maintain that position even if the incoming runner changes position
- An official will call the order at each changeover five, six and seven (for runners six, seven and eight)
- There are no acceleration zones to be used.

2.7.6 8 x 80 m Shuttle Relay
2.7.6.1 Teams shall consist of eight (8) runners, four (4) of whom shall be boys and four (4) of whom shall be girls.
2.7.6.2 Runners will alternate boy/girl starting with a boy.

2.7.7 Pacific School Games
2.7.7.1 The Relay Day should be included in the Pacific School Games for Track and Field.

2.8 Multi Events
2.8.1 The following events will be conducted over two days:
**Day One:** 100 m, Long Jump **Day Two:** Shot Put, 800 m
2.8.2 The events comprising the Multi Event shall be conducted separately and not combined with an existing event.
2.8.3 The Multi Event 800m may be moved, at the discretion of the host state, to another time slot in the day to accommodate safety and health concerns and shot put rescheduled into the program at a suitable time to accommodate this happening.
2.9  Timing
2.9.1 Each competitor in track event heats and finals shall be timed, irrespective of their placing.

2.10  Wind Gauge
2.10.1 The use of a wind gauge is optional. It is not required for meet records.

2.11 Field Events
2.11.1 Field events should be run concurrently subject to the availability of officials and facilities.
2.11.2 In all field events, except High Jump, all competitors will have three (3) attempts in rotation. The best eight (8) will qualify to have a further optional three (3) attempts. The best of all attempts shall count for placings.
2.11.3 In Long Jump, plasticine boards will not be required.
2.11.4 In High Jump, the starting heights shall be:

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Track Events (% of MDS)</th>
<th>Field Events (% of MDS)</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 Year Girls</td>
<td>1.05 m</td>
<td>1.15 m</td>
</tr>
<tr>
<td>11 Year Girls</td>
<td>1.15 m</td>
<td>1.25 m</td>
</tr>
<tr>
<td>12 Year Girls</td>
<td>1.20 m</td>
<td>1.30 m</td>
</tr>
</tbody>
</table>

2.11.4 Bar rises shall be 5 cm until a maximum of six (6) competitors remain then 3 cm. If the field comprises of less than eight (8) competitors, the increments are at the discretion of the Chief Judge in consultation with the Field Referee. After an athlete has won the competition, the height or heights to which the bar is raised shall be decided by the athlete, in consultation with the Chief Judge or Referee.
2.11.5 The IAAF Jump Off Rule to separate equal first place shall NOT be used.
2.11.6 Where possible field events sectors/pits should be marked as follows:
- Discus – 5m interval lines and markers
- Shot Put – 1m interval lines and markers
- Long Jump – indicator boards to be used.

2.12 Events for Athletes with a Disability
2.12.1 Para-Athlete (AWD) events shall cover all IPC, INAS and Deaf Classifications. Athletes must hold a valid classification as recognised by the Australian Paralympic Committee (APC), Australian Sports and Recreation for Persons with Integration Difficulties (AUSRAPID) and Deaf Sports Australia (DSA) upon entry into these Championships.
2.12.2 Places will be calculated using the ‘multi disability method’ using the Athletics Australia Multi Disability Standards for the various classes.
2.12.3 Minimum standards for Para-Athlete (AWD) will be used as a guide for selection (see Appendix 1).

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Track Events (% of MDS)</th>
<th>Field Events (% of MDS)</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 Years</td>
<td>40%</td>
<td>35%</td>
</tr>
<tr>
<td>11 Years</td>
<td>45%</td>
<td>40%</td>
</tr>
<tr>
<td>12 Years</td>
<td>50%</td>
<td>45%</td>
</tr>
</tbody>
</table>

States/Territories may impose their own standards above the suggested minimum above.
2.12.4 Verifications of classification of Para-Athlete (AWD) team members will be done against the National Athletics Classification masterlist and in conjunction with APC, AUSRAPID and DSA.
2.12.5 Para-Athlete (AWD) team members with a physical impairment who have a review status may be required to attend a Classification session at the Championships. Teams will be notified one week prior to the Championships.
2.12.6 Guide Runners
2.12.6.1 T11 and T12 athletes are permitted guide runners. Guide runners are optional for T12 class. However, if used, this must be nominated at the time of submission of entries.
2.12.6.2 Student guide runners (of T11 and T12 classified athletes who medal) receive a suitable memento, provided by the Host State, at the time of presentation.

2.13 False Starts
2.13.1 Any competitor making a false start shall be warned. If a competitor is responsible for making two (2) false starts, or three (3) in the case of Multi Events, he/she shall be disqualified.

2.14 Clash of Events
2.14.1 Where a competitor has a clash of a field event with a track event, he/she shall be permitted to complete the field event, where possible, taking the trials out of order if necessary.
2.14.2 Team Officials are permitted to ‘marshal’ on behalf of a competitor.
2.14.3 Specific instructions shall be provided by the Host State Competition Director at the Pre-Event Meeting.
2.15 Marshalling Times/Areas
2.15.1 An appropriate Call Area is to operate at each Championships.
2.15.2 Recommended Marshalling Times:

- **Track Events**: 15 minutes
- **Field Events**: 30 minutes

2.15.3 If a venue does not have separate warm up facilities, these marshalling times may be extended to allow more preparation time at the event site.

2.16 Competition Times
2.16.1 Refer School Sport Australia General Policies and Guidelines.
2.16.2 The scheduled starting time shall be allocated for all events in the program.
2.16.3 A thirty (30) minute interval should be programmed between the commencement of the Opening Ceremony and the first marshalling call.

2.17 Mixed Gender Events
2.17.1 No mixed gender events shall be conducted on Days 1 and 2 of the Championships.

2.18 Withdrawals, Substitutions and Additions
2.18.1 Forms shall be made available for distribution at the Pre-Event Meeting.
2.18.2 The deadline for withdrawals, substitutions and additions shall be advised by the Host State.

2.19 Jury of Appeal
2.19.1 The Jury of Appeal to be comprised of a Chairperson (nominated by the Host State), the School Sport Australia National Secretary (or his/her nominee) and one nominated State/Territory representative not involved in the appeal.
2.19.2 Each State/Territory to nominate their representative at the Pre-Event Meeting.

2.20 Protests/Appeals
2.20.1 As per IAAF Rule 146 with the following variations:
   2.20.1.1 The athlete concerned or his/her Team Manager/Coach only may, in the first instance, make an oral appeal to the Referee within 15 minutes of the completion of the event. Presentations will be held for 15 minutes.
   2.20.1.2 The relevant Team Manager/Coach only may make an appeal to the Jury of Appeal within 15 minutes of the completion of the event or the relevant Referee’s decision, whichever comes first.
   2.20.1.3 The deposit of AUD$20 cash must accompany an appeal to the Jury of Appeal.

2.21 Uniforms
2.21.1 All competitors must wear the official uniform of their State/Territory.
2.21.2 Competition/Hip Numbers, where supplied, must be firmly attached.
2.21.3 Other items of clothing must be in accordance with IAAF Rules.

2.22 Supervision
2.22.1 All states and territories MUST supervise their athletes during all activities on the warm up day and in the warm up area until athletes enter the call room. Parents are forbidden to be on the field of play during warm up day and competition, or in the warm up area or call room. It is the responsibility of all team officials to make sure this rule is enforced.
2.22.2 Only team officials appointed by the relevant State/Territory School Sports Association are permitted in the warm up area.

3.0 FACILITIES, EQUIPMENT
3.1 Facilities
3.1.1 As per the IAAF Rules.
3.1.2 The following facilities are recommended:
   - All weather surface track with 8 circular lanes and 10 lanes on the 100 m straight
   - Two Discus circles and cages
   - Two Shot Put rings and stop board (minimum), extra two required for the Relay Day
   - Two Long Jump Pins and Boards (minimum), extra two required for the Relay Day
   - One High Jump Pit with uprights and bars (minimum) – bags to suit the age and weight of the athletes

3.2 Competition Area
3.2.1 As per the IAAF Rules.
3.2.2 Refer School Sport Australia General Policies and Guidelines.
3.3 Warm-up Facilities

3.3.1 A warm up day/half day be scheduled before the start of competition, to allow all teams familiarisation with all events sites, surfaces and equipment.

3.3.2 During competition, if available, a separate warm up area should be provided separate to the main competition area.

3.3.3 Throws warm up areas should be isolated from any track/jumps warm up areas.

3.3.4 If warm up facilities are not available, sufficient time shall be allowed at the competition site for adequate warm up.

3.4 Equipment

3.4.1 All competition equipment/implements are to be supplied by the Host State/Championships Organiser.

3.4.2 The implement weights shall be:

<table>
<thead>
<tr>
<th>Implement</th>
<th>10 Years</th>
<th>11 Years</th>
<th>12 Years</th>
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<tr>
<td>Shot Put</td>
<td>2 kg</td>
<td>2 kg</td>
<td>3 kg</td>
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<tr>
<td>Discus</td>
<td>500 g</td>
<td>750 g</td>
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Only rubber discuses are to be used for all age groups.

3.4.3 Photofinish Equipment:

3.4.3.1 Photofinish equipment that supports the use of the ‘Meet Manager’ software shall to be used. This equipment can be sourced from Athletics Australia if necessary.

4.0 COMPETITION OFFICIALS

4.1 Competition Director, Referees, Umpires and Judges

4.1.1 As per the IAAF Rules.

4.1.2 Refer School Sport Australia General Policies and Guidelines.

4.1.3 Where possible, all referees should be members of the Host Association.

4.2 Photofinish Operator

4.2.1 If a suitably qualified Photofinish Operator is not available from within the Host State/State Athletics Association, the Host State shall budget for the a suitable operator to be invited from another State/Territory.

4.3 Student Officials

4.3.1 These may be sourced from local schools/clubs to perform various tasks at field event sites, start line crew, computer work and Call Room duties.

4.4 Announcer

4.4.1 The Announcer will introduce all field events and all track finalists to the public prior to the commencement of the event.
5.0 TROPHIES/AWARDS/MEDALS/RECORDS

5.1 Medallions
5.1.1 Refer School Sport Australia General Policies.
5.1.2 School Sport Australia medallions will be awarded to first, second and third place in all events on Days 1 and 2 of the Championships.
5.1.3 Medallions for Para-Athlete (AWD) events will be calculated using the multi-disability method.
5.1.4 Medal presentations are to be held as soon as possible after the completion of the event.
5.1.5 Student guide runners (see Rule 2.12.6.2 above)

5.2 Finalist Ribbons
5.2.1 Finalist ribbons will be given to all track finalists (including relays), the final eight (8) competitors in field events and the top eight placegetters in AWD timed finals according to the multi disability calculations on Days 1 and 2 of the Championships.

5.3 Relay Day Awards
5.3.1 See Relay Day Rules 2.6.1.10, 2.6.1.11 and 2.6.1.12 above.

5.4 Records
5.4.1 All School Sport Australia Track & Field Championships programs must include records for all events conducted on Days 1, 2 and 3 of the Championships. All throwing records should list the weight of the implement.
5.4.2 Para-Athlete (AWD) records will be kept for each classification.
5.4.3 All discontinued School Sport Australia Track & Field Championships event records should be included in all future School Sport Australia Track & Field Championships Programs.
5.4.4 Track records established using hand held times must be given to the nearest one tenth of a second. Records established using electronic timing shall be given to the nearest one hundredth of a second.
5.4.5 A certificate, supplied by School Sport Australia, shall be presented to all record breakers. Certificates shall also be awarded for any records set in qualifying rounds of competition as well as any other subsequent final round.
5.4.6 Championships records may be broken by performances attained at a Pacific School Games. A complete set of Pacific School Games records should be kept.

6.0 OTHER

6.1 Ceremonies
6.1.1 Refer School Sport Australia General Policies and Guidelines.
6.1.2 There shall be an Opening and a Closing Ceremony conducted. The Opening Ceremony to be held on the warm up day whenever possible. The Closing Ceremony must be held at the end of the Championships and after the Excursion.
6.1.3 Medal presentations are to be held as soon as possible after the completion of each event.

6.2 Program
6.2.1 Refer School Sport Australia General Policies and Guidelines.
6.2.2 The Championships program shall contain:
- Welcome Messages
- Rules & Guidelines
- History of the Championships
- Heat/Event Draws
- Space to write names of finalists
- All records
- Appropriate sponsor advertisements
6.2.3 The following rules shall be specially printed in the Championships Program:
- IAAF Rule 142.4 ‘Failure to Participate’ - re withdrawing athletes from events.
- School Sport Australia Policy re removal of children from billets and Championships activities.

6.3 School Sport Australia General Policies and Guidelines
6.3.1 Refer School Sport Australia General Policies and Guidelines on:
- Coaching
- Contingencies
- Educational Excursions
- Finances
- Medical
- Meetings
- Sponsorship
- Team Documentation
APPENDICES

Appendix 1  AWD Selection Guide

Refer to Host State Manual

1  Suggested Program
2  Withdrawal, Substitution. Additions Form
3  Relay Form
4  Track Umpires Form
5  Medical Form
6  Record Certificate
7  Finalist Ribbons

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<thead>
<tr>
<th>NAME</th>
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<tr>
<td>Kirsteen Farrance</td>
<td>VIC</td>
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<tr>
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