1.0 COMPETITION RULES

1.1 Rules of the event
The event shall be conducted according to the Rules of Triathlon Australia, except where otherwise indicated in the By-Laws – 3.1 & 3.5.

1.2 Student Participation
1.2.1 Age Eligibility – Individual event
Qualification for selection to compete in the individual event at the Championship shall be:
Junior: 13 and 14 years as of 31 December in the year in which the Championship is held
Intermediate: 15 and 16 years as of 31 December in the year in which the Championship is held
Senior: 17, 18 and 19 years as of 31 December in the year in which the Championship is held
No student shall be permitted to race outside his/her specific age group.

1.2.2 Age Eligibility – Relay event
As per 1.2.1 above

1.3 Team Size
Each State/Territory may enter a team. A team consists of a maximum thirty six (36) athletes. A maximum of five (5) adult officials may accompany the team.

2.0 COMPETITION STRUCTURE

2.1 Individual Competition
2.1.1 In each age group, a State/Territory may nominate a maximum of six (6) athletes, with athletes being eligible for medals; the first three (3) from each official team to finish will count. In the event of a drawn score, the 4th athlete will count.

2.1.2 In determining the finishing position of scoring athletes of teams, the race results will be adjusted so that the finishing positions of non-scoring athletes of a team (i.e. more than 4 from any State/Territory) will be eliminated.

2.2 Points allocation
2.2.1 Point scoring for the best performed Individual State/Territory be on the following points basis:

<table>
<thead>
<tr>
<th>Place</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st</td>
<td>1 point</td>
</tr>
<tr>
<td>2nd</td>
<td>2 points</td>
</tr>
<tr>
<td>3rd</td>
<td>3 points</td>
</tr>
<tr>
<td>DNF</td>
<td>Number in the field plus one</td>
</tr>
<tr>
<td>DNS</td>
<td>Number in the field plus one</td>
</tr>
<tr>
<td>DQ</td>
<td>Number in the field plus one</td>
</tr>
</tbody>
</table>

2.2.2 Point scoring for the best performed Relay State/Territory be on the following points basis:

<table>
<thead>
<tr>
<th>Place</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st</td>
<td>1 point</td>
</tr>
<tr>
<td>2nd</td>
<td>2 points</td>
</tr>
<tr>
<td>3rd</td>
<td>3 points</td>
</tr>
<tr>
<td>DNF</td>
<td>Number in the field plus one</td>
</tr>
<tr>
<td>DNS</td>
<td>Number in the field plus one</td>
</tr>
<tr>
<td>DQ</td>
<td>Number in the field plus one</td>
</tr>
</tbody>
</table>
2.2.3 In any age group, if a State/Territory has more than one team, only the first State/Territory team across the line is eligible for points. All State/Territory teams will be eligible for medals.

2.3 Electronic Timing
Where possible, host states/territories are encouraged to use electronic time at the event.

2.4 Method of Determining a Winner
2.4.1 In the individual event, the sum total of each state shall be ranked one to eight (1-8) for each age group, and the total ranking shall determine the overall placing. States/Territories may tie for placings.

2.4.2 In the relay event, the total ranking shall determine the overall placing. States/Territories may tie for placings.

3.0 FACILITIES, EQUIPMENT

3.1 Swim Starts
Swim starts shall be in deep or waist deep water and shall not involve a running start. Males and females shall be separated. The start line for the swim leg will be athlete choice of position. The race shall be started by a hooter or gun.

3.2 Gearing of Bikes
There will be no gear restrictions for all age groups.

3.3 Bike Technology
Bike specifications as per Triathlon Australia rules and guidelines are adopted for all age groups.

3.4 Wheel Exchange
3.4.1 A Wheel Exchange area will be established close to the transition area and supervised by an Event Official.

3.4.2 Wheels must be clearly labelled with athlete numbers/and or/State/Territory.

3.4.3 If wheels are exchanged, the athlete must complete the lap they are on.

3.5 Transition Area
The transition area shall not exceed Triathlon Australia dimensions and shall be of a flow through nature giving no advantage to any competitor. Places on the bike racks will be allocated on a basis where states are listed in alphabetical order and athletes are positioned as follows:


3.6 Course Length
3.6.1 Distances shall be as near as geographically as possible to the following:

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Swim Time</th>
<th>Cycle Distance</th>
<th>Run Distance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Junior (13, 14)</td>
<td>400 m swim</td>
<td>12 km cycle</td>
<td>3 km run</td>
</tr>
<tr>
<td>Intermediate (15, 16)</td>
<td>600 m swim</td>
<td>16 km cycle</td>
<td>4 km run</td>
</tr>
<tr>
<td>Senior (17, 18, 19)</td>
<td>750 m swim</td>
<td>20 km cycle</td>
<td>5 km run</td>
</tr>
<tr>
<td>Relay event</td>
<td>200 m swim</td>
<td>6 km cycle</td>
<td>2 km run</td>
</tr>
</tbody>
</table>

3.6.2 It is strongly recommended that the Championship be conducted on a road closed course.
3.7 Clothing/Uniforms
3.7.1 All States/Territories shall wear representative clothing as follows:

Australian Capital Territory: Yellow and Blue
New South Wales: Sky Blue, Navy Blue and White
Northern Territory: Ochre, Black and White
Queensland: Maroon and White, splash Black/Grey
South Australia: Red, Yellow and Blue
Tasmania: Green, Gold and Red
Victoria: Navy Blue, White, Red and Green
Western Australia: Black and Gold

3.7.2 All team members must wear state coloured uniforms i.e. bathers, swim caps and running gear as covered by sanctioning. Race singlets are required for male competitors only. This is to apply for both Individual and Relay events. For all relay events, if extra apparel is worn, team members must wear state coloured tops, state coloured cycling pants or plain black cycling pants.

3.7.3 It is recommended that States/Territories wear coloured swim caps as indicated:

Australian Capital Territory: Royal Blue
New South Wales: Pale Blue/Sky Blue
Northern Territory: Ochre
Queensland: Maroon
South Australia: Yellow
Tasmania: Red
Victoria: Navy Blue
Western Australia: Black with Yellow

4.0 OFFICIALS

4.1 Protests - Technical
4.1.1 The current Triathlon Australia protest procedure shall be used.

4.2 Protests – Non-Technical
4.2.1 A Competition Jury shall be formed at the Opening Conference of each Championship.

4.2.2 It shall consist of representatives from at least three (3) different states, the School Sport Australia National Secretary and the Triathlon Australia Technical Delegate in an advisory capacity only.

4.2.3 One nominated team official representative of the protester and of the accused must be present. Protest forms shall be made available at the Opening Conference.

5.0 EVENT FORMAT

5.1 Individual Event
5.1.1 All States/Territories represented shall compete in the individual event.

5.2 Relay Event
5.2.1 The Relay event shall be held at least twenty four (24) hours after all individual events.

5.2.2 All States/Territories represented shall compete in the relay event. Students must compete in the individual race in order to compete in the relay event unless a medical certificate is provided.

5.2.3 Relay teams shall comprise:
- Senior Team (max. of 2 teams): 2 x Senior Boys & 2 Senior Girls
- Intermediate (max. of 2 teams): 2 x Intermediate Boys & 2 x Intermediate Girls
- Junior (max. of 2 teams): 2 x Junior Boys & 2 x Junior Girls
- All Age Teams (max of 3 teams): 2 Boys & 2 Girls with at least one athlete from each age group in each team
5.2.4 Any variations to the composition of relay teams, based on team size, illness or injury must be approved at a Team Managers meeting prior to the relay events.

5.2.5 Changeover procedure shall be at the discretion of the Race Director.

5.3 Drafting
5.3.1 The Triathlon Australia/ITU rules in regards to draft legal events shall apply for the Senior & Intermediate Age Group Individual & Relay Events.

5.3.2 The Triathlon Australia/ITU rules in regards to non-drafting events shall apply for the Junior Age Group Individual & Relay Events and the All Age Relay Events.

5.4 Race Components
5.4.1 Host States/Territories should ensure that contingency plans for all components of the race schedule are considered should any exceptional circumstances arise.

5.4.2 All competitors will be expected to arrive fully prepared for the competition even, if in the event of unforeseen circumstances, some adjustment has to be made to race procedures.

6.0 TROPHIES, AWARDS
6.1 Major Trophies
6.1.1 The following trophies are presented at the Closing Ceremony. The name of the winning team is to be engraved on the cup at the expense of the winning state.

<table>
<thead>
<tr>
<th>Trophy</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Championship Trophy</td>
<td>Combined Individual &amp; Relay Total</td>
</tr>
<tr>
<td>Relay Trophy</td>
<td>Relay Total</td>
</tr>
<tr>
<td>Individual Trophy</td>
<td>Individual Total</td>
</tr>
</tbody>
</table>

6.2 Athlete Awards
6.2.1 Individual medallions will be presented to the first three (3) finishers in each age group.

6.2.2 Relay medallions will be presented to the first three (3) finishers in each age group.

7.0 MEETINGS
7.1 Pre-Event Meeting
The Pre-event meeting shall be held prior to the commencement of competition. It is strongly recommended that the Race Director or representative and the Senior Technical Official or representative be in attendance to clarify any issues that may arise.

7.2 Post-Event Meeting / Team Managers Meetings
The Post-event meeting shall be held during the concluding period of the Championships and, if required, a Team Managers meeting may be called at the end of each day of competition.

7.3 The quorum for the above meetings shall be at least one (1) delegate from every competing member body.
<table>
<thead>
<tr>
<th>NAME</th>
<th>STATE</th>
<th>YEAR</th>
</tr>
</thead>
<tbody>
<tr>
<td>Brian Jackson</td>
<td>SA</td>
<td>2001</td>
</tr>
<tr>
<td>Marion Jackson</td>
<td>SA</td>
<td>2001</td>
</tr>
<tr>
<td>Dave Gomer</td>
<td>SA</td>
<td>2001</td>
</tr>
<tr>
<td>Kim Beckinsale</td>
<td>QLD</td>
<td>2004</td>
</tr>
<tr>
<td>Meredith Prime</td>
<td>VIC</td>
<td>2004</td>
</tr>
<tr>
<td>Roch Prendergast</td>
<td>VIC</td>
<td>2005</td>
</tr>
<tr>
<td>Colin Davis</td>
<td>VIC</td>
<td>2007</td>
</tr>
<tr>
<td>Tony Banks</td>
<td>WA</td>
<td>2014</td>
</tr>
<tr>
<td>Paul Roger</td>
<td>NSW</td>
<td>2015</td>
</tr>
<tr>
<td>Graham Maier</td>
<td>WA</td>
<td>2015</td>
</tr>
</tbody>
</table>