

## SCHOOL SPORT AUSTRALIA DIVING RULES AND GUIDELINES

### SECTION A: RULES OF THE COMPETITION

**1. Eligibility**

All competitors must be bona fide school students, attaining a minimum age of 10 years and maximum age of 19 years in the year of competition.

**2. Team Documentation**

Refer to School Sport Australia Policy 6.

**3. Rules and Conditions of Competition**

- 3.1 Students must compete in their own age group in springboard and platform events.  
EXCEPTION – if a state/territory does not have 3 students of the correct age to fill the age group in springboard and/or platform then a younger diver may compete in an older division.  
NO DIVER CAN COMPETE IN MORE THAN ONE (1) INDIVIDUAL SPRINGBOARD OR PLATFORM EVENT.
- 3.2 Each state/territory may enter a maximum of THREE (3) competitors per individual competition.
- 3.3 Synchronised divers may pair with a diver from the opposite sex. The divers will compete in the gender age group event of the elder diver.
- 3.4 No repeat dives are permitted.
- 3.5 The competition will be conducted under FINA rules except where otherwise stated.
- 3.6 Judging Panel – At least five (5) member judging panel will be used for each individual event and at least a seven (7) member judging panel for synchronised events.
- 3.7 Appropriately accredited judges accompanying participating teams may be invited to join the judging panel.
- 3.8 A dive indicator board will be used (if available).
- 3.9 Order of competition – the order in which divers will compete shall be determined by random draw.
- 3.10 Each competition shall be a final competition irrespective of the number of entrants.
- 3.11 Withdrawals – All withdrawals should be notified as soon as known. Should a competitor withdraw from any event the order of divers will remain the same, with the withdrawn diver omitted.
- 3.12 Judiciary – In the event of any circumstances requiring a judiciary this shall consist of the National Secretary, Chief Referee and a representative team manager other than from the team of the diver subject to the inquiry. The team manager will be decided by random draw.
- 3.13 Marshalling – Competitors will be required to report to the marshall prior to each event. Competitors will be introduced for each event (if time permits).
- 3.14 A student can only use the diving boards while under supervision of a team official. Duty of care is of utmost importance and should be adhered to at all times.

- 3.15 Board options
- 3.15.1 Springboard – All competitors may use ONE (1) and/or THREE (3) metre.
- 3.15.2 Platform – 10-12 years use FIVE (5) metre only.
- 3.15.3 Platform – 13-14 years may use FIVE (5) metre and/or SEVEN and HALF (7.5) metre.
- 3.15.4 Platform – 15-16 years may use FIVE (5) metre and/or SEVEN and HALF (7.5) metre and/or TEN (10) metre.
- 3.15.5 Platform – 17-19 years may use FIVE (5) metre and/or SEVEN and HALF (7.5) metre and/or TEN (10) metre.
- 3.15.6 In the event a younger diver is competing in an older division, the younger competitor can only use platforms specific to their correct age grouping: ie a 13 year old diver in a 15-16 year platform event can only use FIVE (5) metre or SEVEN and HALF (7.5) metre.

#### 4. Competition Format

- 4.1 10 years 2 dives from 2 groups @ 3.6 plus  
2 dives from 2 groups with no limit on degree of difficulty
- 11 years 2 dives from 2 groups @ 3.6 plus  
2 dives from 2 groups with no limit on degree of difficulty
- 12 years 3 dives from 3 groups @ 5.4 plus  
2 dives from 2 groups with no limit on degree of difficulty
- 13 years 3 dives from 3 groups @ 5.4 plus  
2 dives from 2 groups with no limit on degree of difficulty
- 14 years 3 dives from 3 groups @ 5.4 plus  
3 dives from 3 groups with no limit on degree of difficulty
- 15 years 4 dives from 4 groups @ 7.6 plus  
3 dives from 3 groups with no limit on degree of difficulty
- 16 years 4 dives from 4 groups @ 7.6 plus  
4 dives from 4 groups with no limit on degree of difficulty
- 17 years 5 dives from 5 groups @ 9.5 plus  
4 dives from 4 groups with no limit on degree of difficulty
- 10-12 years platform (5 metre limit)  
2 dives from 2 groups @ 3.6 plus  
2 dives from 2 groups with no limit on degree of difficulty
- 13- 14 years platform (5m and/or 7.5m)  
3 dives from 3 groups @ 5.4 plus  
2 dives from 2 groups with no limit on degree of difficulty
- 15-16 years platform (5m and/or 7.5m and/or 10m)  
3 dives from 3 groups @ 5.5 plus  
3 dives from 3 groups with no limit on degree of difficulty
- 17-19 years platform (5m and/or 7.5m and/or 10m)  
4 dives from 4 groups @ 7.6 plus  
3 dives from 3 groups with no limit on degree of difficulty
- 4.2 Synchronised Diving
- 4.2.1 Pairs would come from existing team members
- 4.2.2 Age groups for pairs the same as platform events.
- 10-12 years boys/mixed and girls/mixed  
2 dives @ 2.0 degree  
1 dive no degree limit
- 13-14 years boys/mixed and girls/mixed  
2 dives @ 2.0 degree  
2 dives no degree limit
- 15-16 years boys/mixed and girls/mixed  
2 dives @ 2.0 degree  
3 dives no degree limit
- 17-19 years boys/mixed and girls/mixed  
2 dives @ 2.0 degree limit  
3 dives with no degree limit
- 4.2.3 Divers may use springboard and/or platform in synchronised diving.

#### 4.3 At Combined Primary and Secondary Swimming and Diving

##### 4.3.1 Team Event – Mixed teams of ages and states/territories

- \* Divide the number of competitors into even teams.
- \* Each competitor will perform a pre-determined number of dives.
- \* Each team will do ½ of the dives with execution scores only to count and the other ½ execution plus degree of difficulty scores to count (normal dive calculations)

**OR**

##### 4.3.2 Team synchronized

- \* Four competitors per team.
- \* Combine the ages of the team members to determine the competition division eg 55 years and under and 56 years and over
- \* Each team member must synchronise with each other member ie. 6 dives per team

#### **5. Dive Sheet Requirements**

- \* Dive sheets must contain the following information:  
Name, state/territory, age, gender, event, board, dive number, dive position, degree of difficulty and divers signature.
- \* One dive sheet to be submitted by the designated time.

### **SECTION B: GUIDELINES FOR ORGANISATION**

#### **1. Meetings**

- 1.1 A pre event meeting of all coaches and managers shall be held prior to the event commencement. Opportunity should be given to clarify program format.
- 1.2 A post event meeting of all coaches and managers shall be held at the conclusion of the event. Opportunity should be given to discuss any recommendations which lead to improvement of the event and be forwarded to School Sport Australia for endorsement.
- 1.3 The Chief Referee must attend pre and post event meetings.

#### **2. Officials**

The organising state/territory is responsible for appointing suitably qualified officials approved by the state/territory association (where possible).

- 2.1 To be appointed by the host state.  
Chief Referee, Meet Director/Championship Organiser, judges (at least 5), table officials (at least 5). Visiting states/territories may be invited to officiate where necessary.
- 2.2 Utilisation of student officials in accordance with SSA policy.

#### **3. Equipment**

Secretarial equipment, dive number board (where possible), dive calculator, judges cards, dive sheets, progressive sheets, whistle, dive box, computer, printer, photocopier.

#### **4. Ceremonies**

An opening and closing ceremony will be held at the event.

#### **5. Awards**

Medals will be awarded for first, second and third placing in springboard, platform and synchronised events. Team events will be awarded participation certificates.

- 6. Excursion**  
It is School Sport Australia policy to schedule a days Educational Excursion. This is the responsibility of the host state/territory.
- 7. Medical/First Aid**  
The host state/territory should provide a first aid officer at the venue.
- 8. Billeting**  
Refer to School Sport Australia Accommodation policy.
- 9. Sponsorship**  
Sponsorship will be encouraged and where a possibility it will be negotiated by the National Secretary in consultation with the Executive Officer of School Sport Australia.
- 10. Finances**  
Refer to School Sport Australia Constitution
- 11. School Sport Australia Awards**  
Refer to School Sport Australia Awards Policy.